

## On the Practice of Tasawwuri

From the paper: On Channeling, Tasawwuri, and Telepathy by Murshid Samuel L. Lewis

If one takes the practice of Tasawwuri into one's daily life as a conscious practice, various factors must be considered before such practice is undertaken. Primarily there should be an accommodation made, not only in the heart and breath of the students, but into the situation of life in which the students find themselves placed. The physical being must be tuned through breath and the Walks; the mental akasha must be cleared of all save the purpose at hand, and there must be physical scope enough to ensure that this practice may be carried out in an enhanced manner.

What is Tasawwuri? It is the union in harmony of soul to soul, vibration to vibration. It is not simply practicing the **presence** of the teacher (alive or dead) even though it be to the point of being that teacher's amanuenses if that teacher has passed. Rather it is the utter attunement of will to will through heartfelt intention, the mingling of breath to breath until one color – one **transparency** - be achieved. That this may be done with a teacher who has passed is not surprising, because the Divine All-Pervading Breath is the foundation of all that has been created, and remains so.

Now, I'm going to let you in on a little secret: in time the practice of Tasawwuri will become commonplace and necessary to even the ordinary person because the expansion of the akasha of the race will have become great enough to permit these easy harmonies between loving soul and loving soul. In other words, seeing from the point of view of another will not only become likely and beneficial, it will become vitally necessary and fully natural. This is the day of **Qayamat\*** of which many have spoken, and only by this and in aspects of this [attunement] will the race survive.

The mistaken delusion of an entropic universe will give way to the understanding that energy is, for our purposes, infinite in substantive reality and extent. It will be with this new understanding that fears will ease, barriers to Divine realization be broken down, and that humanity will be able to take the next step into higher Makam.

The unity of wills—not ever uniformity, but unity—represented and actualized in the practice of consciously embarked upon Tasawwuri will be and is the first step in this change of Makam. The links in the chain of the Silsila should not be viewed as straight and rigid lines but as the linked hands of dancers in spiral, of hearts which attune to any breath, whatever be their time/space. For it is true, and must never be forgotten, that for two hearts that are linked, time and space mean nothing, and Death itself is but a filmy veil. Because, indeed, the intention of the practices of Tasawwuri is unity with the Divine Being, who is Omnipresent, All-Pervading, Eternal.

Sufi Ahmed Murad Chisti  
One who has been given Grace by God.

\*Qayamat is Judgement Day.

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